



In-depth Clinical Seminars
17306 Cambridge Place
Tinley Park, IL 60477
(708) 612-5992

Place Stamp
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Evidence-based:

FUNCTIONAL ASSESSMENT & THERAPEUTIC REHABILITATION OF LOW BACK AND SIJ DISORDERS



Sunday

January 21, 2018



Register

Phone: (708) 612-5992

Fax: (708) 633-7223

E mail: yakubiousuf@gmail.com

PROGRAM

- 7:30 A.M. Registration and coffee
- 8:00 A.M. Introduction and pre-seminar quiz
- 8:30 A.M. Understanding a mechanism-based approach to pain
- 9:15 A.M. Serious spinal pathology and differential diagnosis
- 10:15 A.M. Break
- 10:25 A.M. Review of pain and connective tissue properties in light of new evidence
- 11:15 P.M. Evaluation and treatment of cervical pain
- 12:00 P.M. Lunch
- 12:30 P.M. Low-back pain, muscle spasm and pressure pain thresholds in patients with lumbar disc herniation
- 1:15 P.M. Stabilization exercises for low back pain
- 2:00 P.M. Development of a clinical prediction rule to identify patients with spinal pain
- 2:45 P.M. Break
- 2:55 P.M. Role of modalities for low back and neck pain
- 3:30 P.M. The Lumbo-sacral Spine: Kinesiology and Physical Rehabilitation
- 4:15 P.M. Tools to measure neck and low back pain outcomes
- 5:00 P.M. Summary and Q &As



In-depth Clinical Seminars, Inc, is a Registered Physical Therapy Continuing Education Sponsor through the State of Illinois Department of Financial and Professional Regulation, Division of Professional Regulation.

License #: 216-000230.

This educational offering qualifies for 8 CE contact hours



LOCATION:

Axon Physical Therapy and Wellness

**15868 S Lagrange Road
Orland Park, IL 60462**



From North or East: I 55 to Lagrange Road South, go 5 miles and come to 159th street, go west on 159th street for 800 ft, Turn to your Right in the shopping plaza.

From West: I355 to I 80 East, exit on 96th Ave (Called Lagrange Rd, or US 45 North), come to 159th street, go West on 159th street for 800 ft, Turn to your Right in the shopping plaza.



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4 WAYS TO SEND THIS REGISTRATION:

1. E--MAIL: yakubyousof@gmail.com

2. FAX:(708)--633--7223.

3. MAIL: In-depth Clinical Seminars
 17306 Cambridge Place
 Tinley Park, IL 60487

4.Website: www.indepthseminars.com



INSTRUCTOR:

Yakub I. Patel, DPT,MSBA,BS,B Physio is the owner and CEO of Yousuf Enterprises, Inc. He is a highly experienced clinician with over 30 years in the field and has been a member of the American Physical Therapy Association since 1979. He holds undergraduate degrees in physical therapy and health occupations education and a graduate degree in business administration and a doctoral degree in Physical Therapy. He has worked in all clinical settings including hospitals, rehabilitation centers, out-patient clinics , and industrial rehabilitation facilities. Over the years he has developed unique ways to thoroughly investigate available research to support clinical tests and therapeutic approaches. He has been an ardent advocate of evidence-based practice.



REGISTRATION FEE:

SINGLE REGISTRANT	\$ 125
2 TO 4	\$ 105
5 to10	\$ 100

