

# Online Webinar: "Demystifying disorders of Low back and neck, intuitively and objectively"

4 hours of Continuing Education Contact Hours

### Sunday, February, 6<sup>th</sup>, 2022 8:00 AM – 10:00 AM and 11:00 AM to 1:00 PM

## This webinar is divided into two sessions for participants' comfort. Attendance to both sessions is required for continuing education contact hours credit.

#### About This Webinar:

In-depth clinical seminars will provide a virtual learning course titled "Demystifying disorders of Low back and neck, intuitively and objectively" which is eligible for four continuing education contact hours via an online webinar. Join us for our first webinar of 2022 as Dr. Yakub I Patel, DPT presents:

- Nonpharmacologic Interventions for common Low Back and neck Pain
- Lumbopelvic Proprioception and Pain Control in Adults with Nonspecific Low Back Pain
- Special focus on evaluating abnormal swelling and using appropriate treatment strategies and techniques to address them.

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- Assessment of lumbar disorders as occupational diseases
- Explore lumbar multifidus and other spinal muscles morphology
- Discuss AAAPT Diagnostic Criteria for Acute Low Back Pain with and Without Lower Extremity Pain
- Analyze ACOEM-Cervical-and-Thoracic-Spine-Guideline

### Three Ways to Complete Your Registration:

| 1. EMAIL: yakubyousuf@gmail.com.                                       | ONLY.   |
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| 2. MAIL: In-depth Clinical Seminars                                    | Webinar Instructions:   |
| 17306 Cambridge Place Tinley Park, IL 60487                            | In-depth Clinical Seminars, Inc, is a Registered Physical Therapy<br>Continuing Education Sponsor through the State of Illinois |
| 3. ONLINE: www.indepthseminars.com                                     | Department of Financial and Professional Regulation, Division of  |
| Registration Fees:   | Professional Regulations.   |
| Single Registrant:\$ 60 per personGroups of 2 or More:\$ 55 per person | License #: 216-000230. This educational offering qualifies for 4 CE contact hours.  |

This webinar will be presented virtually via Zoom. **Prior to the meeting**, you need to <u>download</u> <u>the free zoom</u> <u>platform</u> to your PC, MAC, iOS, or Android to utilize its capabilities.

One day before the webinar, an email will go out to all those who register to attend the course. The email will contain important information including the meeting ID # and password. It will also contain course handouts and a link to complete the post presentation evaluation for CE

credit.

**Dr. Yakub I. Patel,** DPT, MSBA, BS, B Physio, is the owner and CEO of Yousuf Enterprises, Inc. and In-depth clinical seminars, Inc. He is a highly experienced clinician with over 40 years in the field and is a life member of the American Physical Therapy Association. He holds undergraduate degrees in physical therapy and health occupations education and a graduate degree in business administration and a doctoral degree in Physical Therapy. He has worked in all clinical settings including hospitals, rehabilitation centers, out-patient clinics, and industrial rehabilitation facilities. Over the years he has developed unique ways to thoroughly investigate available research to support clinical tests and therapeutic approaches. He has been an ardent advocate of evidence-based practice.