



Indepth Clinical Seminars
17306 Cambridge Place
Tinley Park, IL 60477
(708) 612-5992

Place Stamp
here

Evidence-based

Managing Low Back and Neck Disorders



By: **Yakub I. Patel**, DPT, MSBA, BS, BPhysio

Sunday
June 05, 2016



Register
Phone: (708) 612-5992
Fax: (708) 633-7223
E mail: yakubyousof@gmail.com

PROGRAM:

- 7:30 AM Registration and Coffee
- 8:00 Introductions and course objectives
- 8:15 Review of pain and connective tissue properties in light of new evidence
- 9:15 The Lumbo-sacral Spine: Kinesiology and Physical Rehabilitation
- 10:15 Break
- 10:25 Intervertebral disc, its pathology, and pain characteristics
- 11:15 Serious spinal pathology and differential diagnosis
- 12:00 PM Lunch
- 12:30 History, physical examination, and evaluation of low back pain
- 1:30 Evidence based treatment approaches for low back pain
- 2:30 Effect of general versus specialized exercises in low-back pain
- 3:00 Outcome and Functional Measures for low back and neck pain
- 3:50 Break
- 4:00 History, physical examination, and evaluation of neck pain
- 4:30 Modalities for neck and low-back pain
- 5:00 Summary and Evaluation



This course offering complies with the criteria set by 68 Ill. Adm. Code, Section 1340.61(C) (2) and all other criteria in Ill. Adm. Code, Section 1340.61 (8 contact hours).



LOCATION:

Axon Physical Therapy and Wellness

**15868 S Lagrange Road
Orland Park, IL 60462**



From North or East: I-55 to Lagrange Road South, go 5 miles and come to 159th Street, go West on 159th Street for 800 ft, turn to your right in to the shopping plaza.

From West: I-355 to I-80 East, exit on 96th Ave (Lagrange Rd, or US 45 North), come to 159th Street, go West on 159th Street for 800 ft, turn to right in to the shopping plaza.



REGISTRATION:

Last Name: _____

First Name: _____

Company: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

E-mail: _____

PAYMENT METHOD

Check Enclosed Visa

American Express Master Card

Name on Card: _____

Date of Expiration: _____

Card Number: _____



4 WAYS TO SEND THIS REGISTRATION:

1. E--MAIL: yakubyouusuf@gmail.com

2. FAX: (708)--633--7223.

3. MAIL: In-depth Clinical Seminars

17306 Cambridge Place

Tinley Park, IL 60487

4. Website: www.indepthseminars.com



INSTRUCTOR:

Yakub I. Patel, DPT, MSBA,BS,B Physio is the owner and CEO of Yousuf Enterprises, Inc. He is a highly experienced clinician with over 40 years of experience in the field and has been a member of the American Physical Therapy Association since 1979. He holds undergraduate degrees in physical therapy and health occupations education and a graduate degree in business administration and a doctoral degree in Physical Therapy. He has worked in all clinical settings including hospitals, rehabilitation centers, out-patient clinics, and industrial rehabilitation facilities. Over the years he has developed unique ways to thoroughly investigate available research to support clinical tests and therapeutic approaches. He is an ardent advocate of evidence-based practice.



REGISTRATION FEE:

SINGLE REGISTRANT	\$ 125
2 TO 4	\$ 105
5 to10	\$ 100

