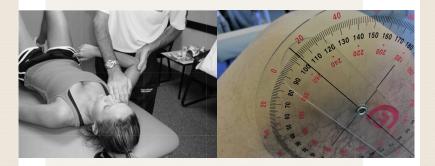




Evidence-based Peripheral Mobilization and Manual Therapy Techniques for MSDs



By: Yakub I. Patel, DPT, MSBA, BS, BPhysio

Sunday March 26,2017



Register Phone: (708) 612-5992 Fax: (708) 403-4213 E mail:yakubyousuf@gmail.com

### PROGRAM

- 7:30 Registration and coffee
- 8:00 Introductions, course objectives and pre-seminar quiz
- 8:15 Historical and development process of Mobilization and Manual Therapy
- 9:15 Biomechanical principles and applied anatomy related to mobilization and Manual therapy
  10:15 Break
- 10:45 Mobilization, Manual Therapy and Manipulation concepts
- 11:15 Principles of assessment and formulating treatment strategies12:00 Lunch
- 12:30 Manual therapy and mobilization for shoulder girdle complex
- 1:30 Mobilization, manual therapy for hip or knee conditions
- 2:00 Applying manual therapy and mobilization for ankle and foot disorders
- 3:00 Managing elbow and hand pathologies and disorders3:15 Break
- 3:15 Break
- 3:30 Mobilization techniques and neurodynamics of the upper quadrant.
- 4:15 Q and A
- 5:15 Summary and Evaluation



This course offering complies with the criteria set in 68 III.Adm. Code, Section 1340.61c) 2) and all other criteria in III.Adm. Code, Section 1340.61 (8 contact hours).

Place Stamp here

#### LOCATION:

Axon Physical Therapy and Wellness 15868 S Lagrange Road Orland Park, IL 60462



From North or East: I 55 to Lagrange Road South, go 5 miles and come to 159th street, go west on 159th street for 800 ft, turn right in to the shopping plaza.

From West: 1355 to 1 80 East, exit on 96th Ave (called Lagrange Rd, or US 45 North), come to 159th street, go West on 159th street for 800 ft, turn right in to the shopping plaza.

# **REGISTRATION:**

Last Name:	
First Name:	
Company:	
Address:	
City:	
State:	Zip:
Phone:	

E-mail:\_\_\_\_\_

### **PAYMENT METHOD**

Check Enclosed
Visa
American Express
Master Card

Name on Card:\_\_\_\_\_

Date of Expiration:\_\_\_\_\_

Card Number:\_



#### **4 WAYS TO SEND THIS REGISTRATION:**

1. E--MAIL: yakubyousuf@gmail.com

2. FAX:(708)-403-4213.

 3. MAIL: In-depth Clinical Seminars 17306 Cambridge Place Tinley Park, IL 60487
4.Website: www.indepthseminars.com

# **INSTRUCTOR:**

Yakub I. Patel, DPT, MSBA, BS, B Physio is the owner and CEO of Yousuf Enterprises, Inc. He is a highly experienced clinician with over 30 years in the field and has been a member of the American Physical Therapy Association since 1979. He holds undergraduate degrees in physical therapy and health occupations education and a graduate degree in business administration and a doctoral degree in Physical Therapy. He has worked in all clinical settings including hospitals, rehabilitation centers, outpatient clinics, and industrial rehabilitation facilities. Over the years he has developed unique ways to thoroughly investigate available research to support clinical tests and therapeutic approaches. He has been an ardent advocate of evidence-based practice.



## **REGISTRATION FEE:**

SINGLE REGISTRANT	\$ 125
2 TO 4	\$ 105
5 to10	\$ 100



