



Indepth Clinical Seminars  
17306 Cambridge Place  
Tinley Park, IL 60477  
(708) 612-5992

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## Evidence-based Tackling Musculoskeletal Disorders in light of Regional Interdependence



By: **Yakub I. Patel**, DPT,MSBA, BS, BPhysio

**Sunday**  
**December 4, 2016**



Register  
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Fax: (708) 403-4213  
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## PROGRAM

- 7:30 A.M. Registration and Coffee
- 8:00 A.M. Introduction and key concepts of regional interdependence
- 8:30 A.M. Traditional views versus new models in clinical practice
- 9:15 A.M. A brief review of research reported in medical journals related to regional interdependence
- 10:15 A.M. Break
- 10:25 A.M. Importance of knowledge of applied anatomy and biomechanical principles
- 11:15 P.M. Assessment and treatment utilizing a regional interdependent approach
- 12:00 P.M. Lunch
- 12:30 P.M. Musculoskeletal disorders in LEs and its impact on inter segmental interrelationships
- 1:15 P.M. Musculoskeletal disorders in UEs and its impact on inter segmental interrelationships
- 2:00 P.M. Musculoskeletal disorders in spine and its impact on inter segmental interrelationships
- 2:45 P.M. Break
- 2:55 P.M. Application of clinical prediction rules in regional interdependence model
- 3:30 P.M. Case studies, shoulder impingement
- 4:15 P.M. Case studies, anterior knee pain
- 5:00 P.M. Summary and Q &As



This course offering complies with the criteria set in 68 Ill. Adm. Code, Section 1340.61(c) 2) and all other criteria in Ill. Adm. Code, Section 1340.61 (8 contact hours).



**LOCATION:**

**Axon Physical Therapy and Wellness**

**15868 S Lagrange Road  
Orland Park, IL 60462**



From North or East: I 55 to Lagrange Road South, go 5 miles and come to 159th street, go west on 159th street for 800 ft, turn right in to the shopping plaza.

From West: I355 to I 80 East, exit on 96th Ave (called Lagrange Rd, or US 45 North), come to 159th street, go West on 159th street for 800 ft, turn right in to the shopping plaza.



**REGISTRATION:**

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

Company: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

**PAYMENT METHOD**

Check Enclosed     Visa

American Express     Master Card

Name on Card: \_\_\_\_\_

Date of Expiration: \_\_\_\_\_

Card Number: \_\_\_\_\_



**4 WAYS TO SEND THIS REGISTRATION:**

1. E--MAIL: [yakubyousof@gmail.com](mailto:yakubyousof@gmail.com)

2. FAX:(708)-403-4213.

3. MAIL: In-depth Clinical Seminars  
17306 Cambridge Place  
Tinley Park, IL 60487

4.Website: [www.indepthseminars.com](http://www.indepthseminars.com)



**INSTRUCTOR:**

**Yakub I. Patel, DPT,MSBA,BS,B** Physio is the owner and CEO of Yousuf Enterprises, Inc. He is a highly experienced clinician with over 30 years in the field and has been a member of the American Physical Therapy Association since 1979. He holds undergraduate degrees in physical therapy and health occupations education and a graduate degree in business administration and a doctoral degree in Physical Therapy. He has worked in all clinical settings including hospitals, rehabilitation centers, out-patient clinics, and industrial rehabilitation facilities. Over the years he has developed unique ways to thoroughly investigate available research to support clinical tests and therapeutic approaches. He has been an ardent advocate of evidence-based practice.



**REGISTRATION FEE:**

<b>SINGLE REGISTRANT</b>	<b>\$ 125</b>
<b>2 TO 4</b>	<b>\$ 105</b>
<b>5 to10</b>	<b>\$ 100</b>

