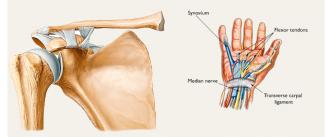


Shoulder and Hand Therapy: Fundamentals of Clinical Reasoning and Treatment Guidelines in light of clinical evidence



By: Yakub I. Patel, DPT, MSBA, BS, BPhysio

# Sunday July 16,2017



Register Phone: (708) 612-5992 Fax: (708) 403-4213 www.indepthseminars.com E mail:yakubyousuf@gmail.com

## PROGRAM

| 7:30  | Registration and Coffee                      |  |
|-------|--|--|
| 8:00  | Pre-seminar quiz                             |  |
| 8:15  | Forces and Physics of Movements              |  |
| 9:15  | Biomechanics and injury mechanism            |  |
| 10:15 | Biomechanical assessment & Functional        |  |
|       | Anatomy of the shoulder and hand             |  |
| 10:45 | Kinetic Chain approach to shoulder joint     |  |
| 11:15 | Assessing functional limitations for hand    |  |
|       | functions and planning treatment approach    |  |
| 12:00 | Lunch  |  |
| 1:00  | Shoulder instability and its implications on |  |
|       | shoulder functions                           |  |
| 1:30  | Neurological Components tests                |  |
| 2:00  | Soft tissue injuries to shoulder and hand    |  |
| 3:00  | Reviewing the role of modalities in          |  |
|       | treatment                                    |  |
| 3:15  | Break  |  |
| 3:30  | Evidence-Based Guidelines on Selected        |  |
|       | Rehabilitation Interventions for Shoulder    |  |
|       | Pain   |  |
| 4:15  | Therapeutic Exercise and Orthopedic          |  |
|       | Manual Therapy for shoulder and hand         |  |
|       | disorders                                    |  |
| 4:45  | Q and As                                     |  |
| 5:15  | Summary and Evaluation                       |  |
|       |  |  |

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Axon Physical Therapy and Wellness 15868 S Lagrange Road Orland Park, IL 60462



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## **INSTRUCTOR:**

Yakub I. Patel, DPT, MSBA, BS, B Physio is the owner and CEO of Yousuf Enterprises, Inc. He is a highly experienced clinician with over 30 years in the field and has been a member of the American Physical Therapy Association since 1979. He holds undergraduate degrees in physical therapy and health occupations education and a graduate degree in business administration and a doctoral degree in Physical Therapy. He has worked in all clinical settings including hospitals, rehabilitation centers, outpatient clinics, and industrial rehabilitation facilities. Over the years he has developed unique ways to thoroughly investigate available research to support clinical tests and therapeutic approaches. He has been an ardent advocate of evidence-based practice.



### **REGISTRATION FEE:**

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