



Invitation for Online Webinar

Sunday, February 26th, 2023

8:00 AM – 10:00 AM and 10:30 AM to 12:45 PM

“Using a structured evidence-based examination algorithm to develop optimal interventions for Lumbo-pelvic complex” 4-contact hours Continuing education webinar

This webinar is divided into two sessions with a short break. Attendance to both sessions is required for continuing education contact hours credit.

About This Webinar:

In-depth clinical seminars, Inc. will provide a virtual learning course titled “Using a structured evidence-based examination algorithm to develop optimal interventions for Lumbo-pelvic complex” which is eligible for four continuing education contact hours via an online webinar. Join us for our first webinar of 2023 as:

Dr. Yakub I Patel, DPT,MSBA,BS,BPhysio will discuss topics such as:

- Understanding the biomechanics of Lumbo-pelvic complex, morphology of involved muscles.
- Taking careful history, key examination techniques and getting initial impression of possible source of pain.
- Identifying acute versus subacute and chronic pain and evaluate most logical Rx approach.
- Pain types, and relating pain patterns with possible connections to most low back conditions.
- Identify most effective exercises, frequency, dosing etc. based of clinical findings.
- Identify physical agents as complementary to exercise program.
- Identify patient and family education needs, life style changes and compliance issues.

Three Ways to Complete Your Registration:

1. **E--MAIL: yakubyousof@gmail.com.**
2. **MAIL: In-depth Clinical Seminars
17306 Cambridge Place Tinley Park, IL 60487**
3. **ONLINE: www.indepthseminars.com**

Registration Fees:

Single Registrant: \$ 60 per person
Groups of 2 or More: \$ 55 per person

PAYMENT BY CREDIT CARD OR PRE-MAILED CHECK ONLY.

Webinar Instructions:

This webinar will be presented virtually via Zoom. Prior to the meeting, you need to download the free zoom platform to your PC, MAC, iOS, or Android to utilize its capabilities.

One day before the webinar, an email will go out to all those who register to attend the course. The email will contain important information including the meeting ID # and password. It will also contain course handouts and a link to complete the post presentation evaluation for CE credit.

Dr. Yakub I. Patel, DPT, MSBA, BS, B Physio, is the owner and CEO of Yousuf Enterprises, Inc. and In-depth clinical seminars, Inc. He is a highly experienced clinician with over 40 years in the field and is a life member of the American Physical Therapy Association. He holds undergraduate degrees in physical therapy and health occupations education and a graduate degree in business administration and a doctoral degree in Physical Therapy. He has worked in all clinical settings including hospitals, rehabilitation centers, out-patient clinics, and industrial rehabilitation facilities. Over the years he has developed unique ways to thoroughly investigate available research to support clinical tests and therapeutic approaches. He has been an ardent advocate of evidence-based practice.

In-depth Clinical Seminars, Inc. is a Registered Physical Therapy Continuing Education Sponsor through the State of Illinois Department of Financial and Professional Regulation, Division of Professional Regulations.

License #: 216-000230. This educational offering qualifies for 4 CE contact hours.