

## REGISTRATION:

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State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

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## PAYMENT METHOD

- Check Enclosed       Visa  
 American Express       Master Card

Name on Card: \_\_\_\_\_

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## 4 WAYS TO SEND THIS REGISTRATION:

1. E--MAIL: [yakubyousof@gmail.com](mailto:yakubyousof@gmail.com)
2. MAIL: In-depth Clinical Seminars  
17306 Cambridge Place  
Tinley Park, IL 60487
3. Website: [www.indepthseminars.com](http://www.indepthseminars.com)
4. Fax: 855-801-7211

## PROGRAM:

- 7:30 AM. Registration and coffee  
8:00 AM. Identifying mobility limitations and sources of impairments that cause mobility limitations  
8:30 AM. Identify and address the specific musculoskeletal and mobility needs for patients, including the bariatric population  
9:15 AM. Considering safety in handling mobility-challenged patients  
10:15 AM. Break  
10:25 AM. Instruments to assess mobility limitation in community-dwelling older adults  
11:15 AM. Equipment options and techniques to improve pain, mobility, stability, and balance deficiencies  
12:00 AM. Lunch  
12:30 AM. Common errors with patient handling techniques that are both safe and functional for the patient and the therapist  
1:15 AM. Handling barriatric population with mobility limitations  
2:00 AM. Recommending home modifications to address mobility limitations  
2:45 AM. Break  
2:55 AM. A survey on robotic devices for upper limb rehabilitation  
3:30 AM. Exercise therapy, quality of life, and activities of daily living in patients with Parkinson disease  
4:15 AM. Community-based physical activity intervention to prevent mobility-related disability for retired older people (REtirement in ACTION (REACT))  
5:00 AM. Summary and Q &As



## INSTRUCTOR:

Yakub I. Patel, DPT,MSBA,BS,B Physio is the owner and CEO of Yousuf Enterprises, Inc. He is a highly experienced clinician with over 40 years in the field and a life member of the American Physical Therapy Association. He holds undergraduate degrees in physical therapy and health occupations education and a graduate degree in business administration and a doctoral degree in Physical Therapy. He has worked in all clinical settings including hospitals, rehabilitation centers, out-patient clinics, and industrial rehabilitation facilities. Over the years he has developed unique ways to thoroughly investigate available research to support clinical tests and therapeutic approaches. He has been an ardent advocate of evidence-based practice.



In-depth Clinical Seminars, Inc, is a Registered Physical Therapy Continuing Education Sponsor through the State of Illinois Department of Financial and Professional Regulation, Division of Professional Regulations.  
License #: 216-000230. This educational offering qualifies for 8 CE contact hours.



## REGISTRATION FEE:

SINGLE REGISTRANT	\$ 115
2 TO 4	\$ 105
5 to10	\$ 100

**LOCATION:**

**Georgios Banquets, Quality Inn & Conference Centre**

8800 W 159th St, Orland Park, IL 60462



**FROM O' HARE & NORTHERN SUBURBS**

1. I-294 South to I-80 West.
2. Exit La Grange Road South (Hwy 45).
3. Proceed South 8 Miles to 159th Street.
4. Turn Left to 4th stop light (88th Avenue).

**FROM INDIANA & POINTS EAST**

1. I-80 West
2. Exit to La Grange Road North (Hwy 45) exit.
3. Proceed South 8 Miles to 159th Street.
4. Turn Left to 4th stop light (88th Avenue).



Indepth Clinical Seminars  
17306 Cambridge Place  
Tinley Park, IL 60477  
(708) 612-5992

Place Stamp  
here

**Patient Mobility challenges and evidence-based rehabilitation**



**Sunday  
March 01, 2020**

**By: Yakub I. Patel, DPT, MSBA, BS,BPhysio**



**Register**  
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